

THE IMPORTANCE OF WATER

By Lisa Johnson, RN

Water is something that most of us take for granted, but how many of us really understand how essential water is? Almost everyone knows that water is good for the body. Most people do not know how essential it is to one's well-being. They do not know what happens to the body if it does not receive its daily need of water. The simple truth is that dehydration can cause diseases. So, how could such an important truth be so overlooked?

What if you discovered the truth about the water you are drinking? What if you learned how the purity, integrity and "structure" of the water you drink affect your quality of life? What if you knew the simplest way to help slow or reverse the aging process? What if you could drink structured water and it could help you with health and wellness concerns?



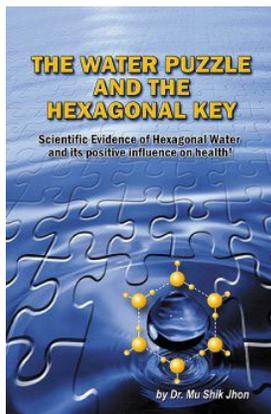
Fereydoon Batmanghelidj, M.D. dedicated his entire life to the study of water and its direct relationship to health and wellness. He has authored many books and countless research articles on the subject, most notably the book *"Your Body's Many Cries For Water"*.

According to Dr. Batmanghelidj,

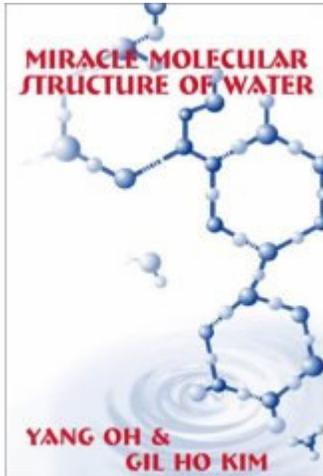
"Every function inside the body is regulated by and depends on water. Water must be available to carry vital elements, oxygen, hormones, and chemical messengers to all parts of the body. Without sufficient water to hydrate all parts equally, some more remote parts of the body will not receive the vital elements that water supplies. Without sufficient water to constantly hydrate all parts, your body's drought-management system kicks into action. These histamine-directed chemical messenger systems are activated to arrange a new, low quota of water for the drought-stricken area. When histamine and its subordinate "drought managers" come across pain-sensing nerves, they cause pain. This is why dehydration produces pain as its first alarm signal. If the dehydration persists and is not corrected naturally with water, it becomes symptom-producing and, in time, develops into a disease condition."

Dr. Mu Shik Jhon, Ph.D., took the study of water one step further. Dr. Jhon has over 250 scientific publications to his credit, beginning in the 1960's when he began his study of the structure of water. His first book, *Significant Liquid Structures* (John Wiley & Sons -1969) was co-authored by the world famous scientist Dr. Henry Eyring and his original work was encouraged by Eyring and Nobel Laureate, Dr. Albert Szent-Györgyi.

In 1986, Dr. Jhon presented the Molecular Water Environment Theory at a symposium on cancer. That theory, which is now being substantiated, states: "Replenishing the Hexagonal Water in our bodies can increase vitality, slow the aging process and prevent disease."



For years we have lived under the impression that water was simply H₂O - two atoms of hydrogen and one atom of oxygen. But according to the book, *"The Water Puzzle and the Hexagonal Key"* by Dr. Mu Shik Jhon, water has a specific structure which can be influenced by its environment. It can be highly organized (structured) forming a liquid crystalline matrix which has been found to surround healthy DNA and other healthy proteins in the body; or it can be non-organized - found surrounding cancerous cells and abnormal DNA. According to *The Water Puzzle*, Hexagonal Water is the water of life! All biological organisms prefer it and they respond with enhancements in growth, metabolic efficiency and enzyme activation. On the other hand, the loss of Hexagonal Water from our bodies can be correlated with disease, lack of vitality and aging.



Dr. Yang H. Oh holds a Ph.D. in biochemistry from Harvard Medical School. He is retired from a professorship at the Baylor College of Medicine in Houston, TX. Dr. Oh did further research on hexagonal water and wrote the book "The Miracle Molecular Structure Of Water".

According to Dr. Yang Oh, the kind of water you drink may be related to bodily dysfunction and disease. Basing his work on the research of Dr. Mu Shik Jhon, he concludes that the hexagonal structure of water is the one that promotes health and increases longevity. Dr. Oh states, "The human body loves hexagonal water"!

Zenergy water is designed to improve the quality of your health and well-being.. Zenergy is a major breakthrough in cellular hydration. It can help improve the quality of your health and well-being by "watering your cells" the way your cells want to be watered..



Dr. Carroll Zahorsky, M.D. also holds a firm belief that hexagonal water is essential to health on all levels. Dr. Zahorsky has been a plastic surgeon for over 30 years. He is an actively involved dad, author, motivational speaker, and advocate for the value of family, holistic living, and improving the quality of living for all people. Dr. Zahorsky focuses on ways to improve the quality of your life, because better living matters.

- Dr. Carroll Zahorsky

outer self in mind, body and spirit. The quality of our living depends on how we feed and sustain our mind, body and spirit. Our bodies are approximately 70% water. The fluids we take into our bodies are an essential part of who we are and how we function on all levels. After doing a tremendous amount of research, I am convinced hexagonal water is the most natural water we can drink that has within it the gift of health for every cell in our bodies. Hexagonal structured water makes it possible for the DNA in the nucleus of each of our cells to divide in natural healthy ways as cells replicate themselves continuously throughout our lives. Hexagonal water is invaluable to the DNA and RNA memories and duplications in our bodies. It is invaluable for supporting healthy functioning of our immune systems and nurturing our bodies. It is my dream as an individual and a physician to help implement the reality of having Hexagonal Water continually available for people everywhere, so that all people have this water to drink for their health and harmony on a daily basis throughout their lives."



I have been a Registered Nurse for over 15 years. I specialize in Critical Care, Trauma and Emergency Nursing. I have personally experienced the health benefits of drinking hexagonally structured water. As a Registered Nurse, I urge you to consider drinking pure, hexagonal water – it is of tremendous value to your whole being. I absolutely believe drinking hexagonal water is the most important action we can take to achieve and maintain vibrant health.

For more information or to order Zenergy Water, please visit www.zenergywater.com